

Microsoft Outlook Express

Click Tools → Accounts → Mail → Properties → Servers → Check the box that says “My server requires authentication”

pop.cvinternet.net Properties

General Servers Connection Security Advanced IMAP

Server Information

My incoming mail server is a server.

Incoming mail (IMAP):

Outgoing mail (SMTP):

Incoming Mail Server

Account name:

Password:

Remember password

Log on using Secure Password Authentication

Outgoing Mail Server

My server requires authentication

Click OK