



Telephone | Long Distance | Internet | Wireless | DISH TV



Saturday, Aug 7
Registration begins at 8:00 am
Race starts at 9:00 am
Valdez High School parking lot

Cover all Three Solo or Form a Team

Swim - 11 laps - Vdz Pool
Bike - 5.8 mi - Bike Path
Run - 1.5 mi - Bike Path
Helmets are mandatory.

Men's Solo / Women's Solo / Youth Solo / Adult Team / Youth Teams

***Best Time in each category receives a merchant certificate
to be used at local businesses***

1st-\$50.00 * 2nd-\$25.00 * 3rd-\$15.00

T-Shirts & Water Bottles given to every participant.
NEW THIS YEAR - 12 Participants will win a Hoody!

For questions call 907.835.2231 or email jwinney@cvtc.org
www.cvtc.org * www.valdezugoldrushdays.org